

1-1-2004

## CO 515 Forgiveness in the Counseling Process

Virginia Todd Holeman

Follow this and additional works at: <http://place.asburyseminary.edu/syllabi>

---

### Recommended Citation

Holeman, Virginia Todd, "CO 515 Forgiveness in the Counseling Process" (2004). *Syllabi*. Book 1624.  
<http://place.asburyseminary.edu/syllabi/1624>

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact [thad.horner@asburyseminary.edu](mailto:thad.horner@asburyseminary.edu).

**CO515: Forgiveness in the Counseling Process**  
**January 2004**  
**January 5, 6, 7, 8, 9 and January 13, 14, 15, 16 \*\* 8:30 – 11:30 am**  
**January 6, 7, 12, 13, 14 \*\* 1 – 4 pm**

**DRAFT SYLLABUS: Created December 23, 2003**

Instructor: Virginia Todd Holeman, Ph.D.  
 E: Toddy\_Holeman@asburyseminary.edu  
 Class Enrollment: 30

Credit: 3 hours  
 O: 859-858-2212  
 Office hours by appointment

**Location: Distance Learning Classroom (BC 157)**  
**Portions of this class will be video taped for educational purposes.**

**Course Description:**

This course explores the theological, psychological, and clinical components of forgiveness and reconciliation. Interpersonal and intrapersonal elements of forgiveness receive particular emphasis. Procedures for implementing forgiveness in pastoral and clinical counseling settings are reviewed.

**Course Goals**

At the completion of this course you will:

1. Articulate your integration of forgiveness, repentance, and reconciliation from personal experience.
2. Explicate forgiving, repenting, and reconciling processes from biblical contexts and theological perspectives.
3. Describe the psychological foundations of forgiving, repenting, and reconciling.
4. Apply counseling strategies to your own situations and to case studies.
5. Participate in class through discussions, activities, and devotionals.

**Required Course Texts:**

**NOTE: While there may be some adjustment to assignments. The text books for this class are set.**

- Hargrave, T. (2001). Forgiving the Devil: Coming to terms with damaged relationships. Phoenix, AZ: Zeig, Tucker & Theisen, Inc.
- Jones, G. (1995). Embodying Forgiveness. Grand Rapids, MI: Wm. B. Eerdmans.
- Nowuen, H. J.M. (1992). The Return of the Prodigal Son. New York: Image Books.
- Shults, F. L., & Sandage, S. J. (2003). The Faces of Forgiveness. Grand Rapids, MI: Baker Academic.
- Worthington, E.L. (2003). Forgiving and Reconciling: Bridges to Wholeness and Hope. Downers Grove, IL: InterVarsity Press.

Course Readings Packet and class handout packet– purchase at Cokesbury Bookstore before class starts.

## Classroom “Community Life” Assignments

**Snack.** Each week a different group of students will provide a snack that we will share during the class break. [non-graded activity!]

**Devotionals.** We will begin each session with a brief devotional. Noweun’s text is the basis for our meditations. On the first day of class I will ask for volunteers to sign up and lead our devotional time together. Devotionals will run no longer than 10 minutes. I invite you to use all of the technological support that ATS has to offer to lead us into the Lord’s presence. [non-graded activity]

## Course Requirements:

### 1. Preparation for Class Discussion 25%

Students will be assigned to small groups of 5 persons per group. Once during the course each student will present a “summary paper” (key concepts summary of approximately 900-1000 words in length) of the materials introduced in the readings for that session. Although everyone is assigned the readings, only one person is responsible for creation, duplication, and distribution of the session’s summary paper.

The purpose of the paper is to invite the rest of your team into a dialogue. A well-written white paper will:

- Engage the material accurately in a substantive way
- Challenge people to think
- Give them food for thought
- Will conclude with three or four critical thinking questions for your team to discuss

Your white paper should be:

- Typed with a 12-point font like New Times Roman
- Duplicated, and ready for distribution to your team mates
- I will also get a copy of your white paper for grading purposes

A different student will assume responsibility for leading the discussion of the summary paper. At the conclusion of the round of discussion and class conversation, each student will write a summary & reflection paper. This will be submitted to me and graded.

### 2. Theological Comparison and Position Paper – 25%

**Due Monday, January 12, 2004, 1:00 p.m.**

The purpose of this paper is to document the depth of your understanding of the theological assumptions that support our practices of repentance, forgiveness, and reconciliation. Your paper will include a discussion and comparison of the theologies presented by Worthington, Jones, and Shults. You may bring other theologians, but your paper must deal with the arguments presented by Worthington, Jones, and Shults in a substantive way. You will also summarize your current theological assumptions and commitments in this paper.

- Length – 2500-3000 words
- Format – APA or MLS with reference list
- Type – 12 cpi font, double spaced
- Due – January 12, 2004

### **3. Theoretical Comparison and Position Paper – 25%**

**Due Tuesday, January 20, 2004, 12:00 Noon.**

The purpose of this paper is to document the depth of your understanding of the key psychological models of repentance, forgiveness, and reconciliation that we will discuss in class. Your paper will include a discussion and comparison of the psychological models of repentance, forgiveness, and reconciliation. You will also summarize your current therapeutic assumptions and commitments in this paper.

- Length – 2500-3000 words
- Format – APA or MLA with reference list
- Type – 12 cpi font, double spaced
- Due – Tuesday, January 20, 2004, 12 Noon at the Counseling and Pastoral Care Office
- Papers submitted AFTER 12:00 NOON will be considered late (that is beginning at 12:01 pm).

### **4. Research Paper – 25%**

**Due Friday, January 30, 2004, 12 Noon**

The purpose of this paper is to allow you to explore a particular area of forgiveness in more depth. This scholarly research paper can focus on any of the following areas: pastoral care and counseling; theology; biblical studies; ethics; multicultural dimension. I have provided you with a working bibliography to help launch your literature search. Students who wish to explore counseling dimensions of forgiveness, repentance, and/or reconciliation will best be served by using the UK Library system. Many authors with "in press" papers are pleased to send electronic copies of their papers to you. You can find their contact information by locating a recent publication.

- **Submit topic and working reference list on January 12, 2004 at 1:00 p.m.**
- Length – 3500 words (excluding references)
- Format – APA or MLA
- Type – 12 cpi, font, double spaced
- Final paper due – Friday, January 30, 2004, 12 Noon at the Counseling and Pastoral Care Office
- Papers submitted AFTER 12:00 Noon will be considered late (that is, beginning at 12:01 pm).

### **Community Practices in Class**

I use many different active learning strategies in this course – in other words this is not a lecture-based class. All classes require your preparation for a serious class discussion about the readings.

There is nothing neutral about forgiveness conversation. They tend to generate some intensity because we are talking about painful things. Several ground rules will help us become a conversational community of care:

- No one needs to "fix" any one else in class. Everyone needs to be "heard" and feel that they have been "understood."
- We will protect one another's stories by agreeing to keep class conversations confidential.
- We will respect one another's wisdom to refrain from disclosing some personal information that is too sensitive or too painful for class-level discussion.

We will recognize that stuff about “forgiveness” isn’t necessarily set in stone. We will listen respectfully when others have a differing experience or understanding from our own.

### **Grading Policies:**

**Attendance Policy --** If you miss more than 2 classes, you will not receive a passing grade. Students **who attend all classes [arrives before class starts, and do not leave any classes early] will have one point added to their final grade.**

Asbury Seminary defines grades using the following criteria (catalog, p. 24):

- A= Exceptional work: outstanding or surpassing achievement of course objectives
- B= Good work: strong, significant achievement of course objectives
- C= Acceptable work: essential achievement of course objectives
- D= Marginal work: minimal or inadequate achievement of course objectives
- F= Unacceptable work: failure to achieve course objectives

A plus (+) or minus (–) indicates positions between categories (for example, B+ = very good; C– = slightly below acceptable, etc.).

When all is said and done and all the grades are averaged together, here is the final scale of measurement:

- 100-96 = A
- 95-93 = A-
- 92-87 = B+
- 86-84 = B
- 83-81 = B-
- 80-77 = C+
- 76-74 = C
- 73-71 = C-
- 70-67 = D+
- 66-64 = D
- 63-61 = D-
- 60 and below = F

### *Grading Process*

The Asbury Seminary School of Theology faculty has adopted the following standards for faculty grading of papers:

- ♦ Timely feedback: For assessment of student work during the course of the academic term, the expectation of “timely” feedback is met when students have their work marked, graded, and returned within one week of its submission...Moreover, when assignment “B” builds on assignment “A,” assignment “A” should be returned before assignment “B” falls due. Longer assignments are often due at the end of the term, and are not subject to this definition.

- ♦ Substantive feedback: For assessments of student work during the course of the academic term, the expectation of “substantive” feedback is met when students receive responses that alert them to what they have done well and how they might improve their performance in subsequent work.

### *Grading Rubrics*

A grading rubric will accompany every assignment that I grade. If you review the rubric before you begin your assignment then you will know the standards that I am setting to evaluate your work.

### *Late Assignments and Papers*

A paper or assignment that is late *without prior permission from the instructor* receives a grade but no written comments. **Students who submit ALL of their ASSIGNMENTS on time will receive one extra point on their final course grade.**

### *Incomplete Policy*

A grade of "I" denotes course work has not been completed due to an **unavoidable emergency**, which does **not** include failure to turn in course work or attending to church work or other employment. A request for an incomplete requires not only my approval, but also the approval of the Dean of the School of Theology. See the Asbury Seminary Catalog for further clarification.

## Bibliography

- Al-Mabuk, R. H., Enright, R. D., & Cardis, P. A. (1995). Forgiveness education with parentally love-deprived late adolescents. Journal of Moral Education, 24, 427-444.
- Augsburger, D. (1996). Helping People Forgive. Louisville, KY: Westminster John Knox Press.
- Battle, M. (1997). Reconciliation: The Ubuntu Theology of Desmond Tutu. Cleveland, OH: The Pilgrim Press
- Baumeister, R. F. (1997). Evil: Inside human violence and cruelty. New York: W.H. Freeman.
- Bråkenhielm, C. (1993). Forgiveness. Minneapolis: Augsburg Fortress.
- Brown, R. P. (2003). Measuring individual differences in the tendency to forgive: Construct validity and links with depression. *Personality and Social Psychology Bulletin*, 29, 759-771.
- Benner, D. G. & Harvey, R. W. (1996). Choosing the gift of forgiveness. Grand Rapids, MI: Baker Books.
- Carter, L., & Minirth, F. (1997). The choosing to forgive workbook. Nashville, TN: Thomas Nelson.
- Crysdale, C. S. W. (1999). Embracing Travail: Retrieving the Cross Today. New York: Continuum Press.
- Cunningham, B. B. (1985). The will to forgive: A pastoral theological view of forgiving. The Journal of Pastoral Care, 39(2), 141-149.
- Davenport, D. S. (1991). The functions of anger and forgiveness: Guidelines for psychotherapy with victims. Psychotherapy, 28(1), 140-144.
- DeShea, L. (in press). A scenario-based scale of willingness to forgive. *Individual Differences Research*.
- Doherty, W. J. (1995). Soul searching: Why psychotherapy must promote moral responsibility. New York: Basic Books.
- Downie, R. S. (1965). Forgiveness. Philosophical Quarterly, 15, 128-134.
- Enright, R. D., Eastin, D. L., Golden, S., Sarinopoulos, I., & Freeman, S. (1992). Interpersonal forgiveness within the helping professions: An attempt to resolve differences of opinion. Counseling and Values, 36(2), 84-103.
- Enright, R. D., Gassin, E., & Wu, C. (1992). Forgiveness: A developmental view. Journal of Moral Education, 21(2), 99-114.
- Enright, R. D., & Human Development Study Group. (1996). Counseling within the forgiveness triad: On forgiving, receiving, forgiveness, and self-forgiveness. Counseling and Values, 40, 107-126.

- Enright & J. North (Eds.). (1998). Exploring forgiveness (pp. 15-34). Madison, WI: The University of Wisconsin Press.
- Enright, R.D., & Zell, R. (1989). Problems encountered when we forgiven one another. Journal of Psychology and Christianity, 8(1), 52-60.
- Exline, J. J. Worthington, E. L., Jr., Hill, P., & McCullough, M. E. (in press). Forgiveness and justice: A research agenda for social and personality psychology. *Personality and Social Psychology Review*.
- Fincham, F.D., Beach, S.R.H., & Davila, J. (in press). Forgiveness and conflict resolution in marriage. *Journal of Family Psychology*.
- Fitzgibbons, R. P. (1986). The cognitive and emotive uses of forgiveness in the treatment of anger. Psychotherapy, 23(4), 629-633.
- Flanigan, B. (1998). Forgiving yourself. New York: MacMillan.
- Freedman, S., & Knupp, A. (in press). Impact of forgiveness education on adolescent adjustment to parental divorce. *Journal of Divorce and Remarriage*.
- Gordon, K. C., & Baucom, D. H. (2003). Forgiveness and marriage: Preliminary support for a synthesized model of recovery from a marital betrayal. *American Journal of Family Therapy*, 31, 179-199.
- Gordon, K.C., Baucom, D. H., & Snyder, D. K. (in press). An integrative intervention for promoting recovery from extramarital affairs. *Journal of Marital and Family Therapy*.
- Gordon, K.C., Burton, S., & Porter, L. (in press). The role of forgiveness Predicting women in domestic violence shelters intentions to return to their partners. *Journal of Family Psychology*.
- Holeman, V. T. (1997). Couples forgiveness exercise. The Family Journal: Counseling and Therapy for Couples and Families, 5, 263-266.
- Holeman, V. T. (2003) Marital reconciliation: A long and winding road. *Journal of Psychology and Christianity*, 22, 30-42.
- Holeman, V. T. (2004). Reconcilable Differences: Hope and Healing for Troubled Marriages. Downers Grove, IL: InterVarsity Press.
- Human Development Study Group. (1991). Five points on the construct of forgiveness within psychotherapy. Psychotherapy, 28(3), 493-496.
- Karremans, J. C., Van Lange, P. A. M., Ouwerkerk, J. W., & Kluwer, E. S. (2003). When forgiveness enhances psychological well-being: The role of interpersonal commitment. *Journal of Personality and Social Psychology*, 84, 1011-1026.
- McCullough, M. E., Pargament, K. & Thorensen, C. (Eds.) (2000) Forgiveness: Theory, research, and practice. New York: Guildford Press.



- McCullough, M. & Worthington, E. L., Jr. (1994). Encouraging clients to forgive people who have hurt them: Review, critique, and research prospectus. Journal of Psychology and Theology, 22(1), 3-20.
- McCullough, M. E., & Worthington, E. L., Jr. (in press). Religion and the forgiving personality. Journal of Personality.
- McCullough, M. E., Worthington, E. L., Jr., & Rachal, K. C. (1997). Interpersonal forgiving in close relationships. Journal of Personality and Social Psychology, 73, 321-336.
- McCullough, M., Sandage, S. J., & Worthington, E. L., Jr. (1995). Charles Williams on interpersonal forgiveness: Theology and therapy. Journal of Psychology and Christianity, 14(4), 355-364.
- McFadyen, A. & Sarot, M. (2001). Forgiveness and Truth: Exploration in Contemporary Theology. New York: T & T Clark.
- Morris, D. (1998). Forgiving the dead man walking. Grand Rapids, MI: Zondervan.
- Patton, J. (1985). Is human forgiveness possible? A pastoral perspective. Nashville, TN: Abingdon Press.
- Paleari, G., Regalia, C., & Fincham, F.D. (2003). Adolescents' willingness to forgive parents: An empirical model. *Parenting: Science and Practice*, 3, 155-174.
- Sandage, S. J. (1998) Seeking forgiveness or saving face? Christian Counseling Today, 6, pp. 10-11, 22-24.
- Sandage, S. J. (1999). An ego-humility model of forgiveness: Theoretical foundations. Marriage and Family : A Christian Journal, 2, 259-276.
- Sandage, S. J. (1999). The ego-humility model of forgiveness: Implications for couple and family dynamics and therapy. Marriage and Family: A Christian Journal, 2, 277-292.
- Sandage, S. J., Aubrey, C. J., & Ohland, T. K. (1999). Weaving the fabric of community: A model for counselors and therapists. Marriage and Family: A Christian Journal, 2, 381-398.
- Sandage, S. J., Hill, P. C., & Vang, H. C. (2003). Toward a multicultural positive psychology: Indigenous forgiveness and Hmong culture. *The Counseling Psychologist*, 31, 564-592.
- Sandage, S. J., Worthington, E. L., Jr., Hight, T. L., & Berry, J. W. (2000). Seeking forgiveness: Theoretical context and an initial empirical study. Journal of Psychology and Theology 28, 21-34.
- Seamands, S. (2003). Wounds that Heal: Bringing our Hurts to the Cross. Downers Grove, IL: InterVarsity Press.
- Smedes, L. B. (1996). The art of forgiving. New York: Random House.
- Raybon, P. (1996). My first white friend: Confessions on race, love, and forgiveness. New York: Penguin Books.

Volf, M. (1996). Exclusion and Embrace: A Theological Exploration of Identity, Otherness, and Reconciliation. Nashville, TN: Abingdon.

Volf, M. (2000). The social meaning of reconciliation. Interpretation: A Journal of Bible and Theology, 24, 158-172.

Wohl, M. J. A., & Branscombe, N. R. (in press). Importance of social categorization for forgiveness and collective guilt assignment for the Holocaust. To appear in N. R. Branscombe & B. Dooje (Eds.) *Collective guilt: International perspectives*. New York: Cambridge University Press.

Worthington, E. L., Jr. (1998). An empathy-humility-commitment model of forgiveness applied within family dyads. Journal of Family Therapy, 20, 57-74.

Worthington, E. L., Jr. (1999). Forgiveness [Special issue]. Marriage and Family: A Christian Journal, 2(2).

Worthington, E. L., Jr. (1999). Forgiveness [Special issue]. Marriage and Family: A Christian Journal, 2(3).

Worthington, E. L., Jr. (Ed.). (1998). Dimensions of Forgiveness: Psychological Research and Theological Perspectives. Philadelphia, PA: Templeton Foundation Press.

Worthington, E. L., Jr., Kurusu, T. A., Collins, W., Berry, J. W., Ripley, J. S., & Baier, S. N. (2000). Forgiving usually takes time: A Lesson learned by studying interventions to promote forgiveness. Journal of Psychology and Theology, 28, 3-20.

Worthington, E. L., Jr., & Wade, N. G. (1999). The psychology of unforgiveness and forgiveness and implications for clinical practice. Journal of Social and Clinical Psychology, 18, 385-418.

Worthington, E. L., Jr., & DiBlasio, F. A. (1990). Promoting mutual forgiveness within the fractured relationship. Psychotherapy, 27(2), 219-223.

Worthington, E. L., Jr., & Drinkard, D. T. (2000). Promoting reconciliation through psychoeducation and therapeutic interventions. Journal of Marital and Family Therapy, 26, 93-101.

### **Counseling/Therapy:**

- Berry, J. W., & Worthington, E. L., Jr. (2001). Forgiveness, relationship quality, stress while imagining relationship events, and physical and mental health. *Journal of Counseling Psychology*, 48, 447-455.
- Coyle, C. T., & Enright, R. D. (1997). Forgiveness intervention with post-abortion men. *Journal of Consulting and Clinical Psychology*, 65, 1042-1046.
- DiBlasio, F. A., & Proctor, J. H. (1993). Therapists and the clinical use of forgiveness. *American Journal of Family Therapy*, 21, 175-184.
- Enright, R. D. (1996). Counseling within the forgiveness triad: On forgiving, receiving forgiveness, and self-forgiveness. *Counseling and Values*, 40, 107-126.
- Ferch, S. R. (1998). Intentional forgiving as a counseling intervention. *Journal of Counseling & Development*, 76, 261-270.
- Fitzgibbons, R. P. (1986). The cognitive and emotive uses of forgiveness in the treatment of anger. *Psychotherapy*, 23, 629-633.
- Flanigan, B. J. (1987). Shame and forgiveness in alcoholism. *Alcoholism Treatment Quarterly*, 4, 181-195.
- Freedman, S. R. & Enright, R. D. (1996). Forgiveness as an intervention goal with incest survivors. *Journal of Consulting and Clinical Psychology*, 64, 983-992.
- Hebl, J. H., & Enright, R. D. (1993). Forgiveness as a therapeutic goal with elderly females. *Psychotherapy*, 30, 658-667.
- Hope, D. (1987). The healing paradox of forgiveness. *Psychotherapy*, 24, 240-244.
- McCullough, M. E., & Worthington, E. L., Jr. (1994a). Encouraging clients to forgive people who have hurt them: Review, critique, and research. *Journal of Psychology and Theology*, 22, 3-20.
- McCullough, M. E. & Worthington, E. L., Jr. (1994b). Models of interpersonal forgiveness and the applications to counseling: Review and critique. *Counseling and Values*, 39, 2-13.
- McCullough, M. E., & Worthington, E. L., Jr. (1995). Promoting forgiveness: A comparison of two brief psychoeducational group interventions with a waiting-list control. *Counseling and Values*, 40, 55-68.
- Pingleton, J. P. (1989). The role and function of forgiveness in the psychotherapeutic process. *Journal of Psychology and Theology*, 17, 27-35.

### **Health Outcome/Well-being:**

- Kaplan, B. H. (1992). Social health and forgiving heart: The type B story. *Journal of Behavioral Medicine*, 15(1), 3-14.
- McCullough, M. E. (2000a). Forgiveness as human strength: Theory, measurement, and links to well-being. *Journal of Social and Clinical Psychology* 19, 43-55.
- Pettitt, G. A. (1987). Forgiveness: A teachable skill for creating and maintaining health. *New Zealand Medical Journal*, 100, 180-182.
- Thoresen, C. E., Harris, A. H. S., & Luskin, F. (2000). Forgiveness and health: An unanswered question. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 254-280). New York: The Guilford Press.
- Toussaint, L. L., Williams, D. R., Musick, M. A., & Everson, S. A. (2001). Forgiveness and health: Age difference in a U.S. probability sample. *Journal of Adult Development*, 8, 249-257.

### **Interpersonal Relationship:**

- Boon, S. D., & Sulsky, L. M. (1997). Attributions of blame and forgiveness: A policy-capturing study. *Journal of Social Behavior and Personality*, 12, 19-44.
- Finkel, E. J., Rusbult, C. E., Kumashiro, M., & Hannon, P. A. (2002). Dealing with betrayal in close relationships: Does commitment promote forgiveness? *Journal of Personality and Social Psychology*, 82, 956-974.
- Kelln, B. R. C., & Ellard, J. H. (1999). An equity theory analysis of the impact of forgiveness and retribution on transgressor compliance. *PSPB*, 25(7), 864-872.
- McCullough, M.E., Fincham, F.D., & Tsang, J. (2003). Forgiveness, forbearance, and time: The temporal unfolding of Transgression-Related Interpersonal Motivations. *Journal of Personality and Social*

*Psychology*, 84, 540-557.

- McCullough, M. E., Rachal, K. C., Sandage, S. J., Worthington, E. L., Jr., Brown, S. W., & Hight, T. L. (1998). Interpersonal forgiving in close relationships II: Theoretical elaboration and measurement. *Journal of Personality and Social Psychology*, 75, 1586-1603.
- Scobie, E. D., & Scobie, G. E. W. (1998). Damaging events: The perceived need for forgiveness. *Journal for the Theory of Social Behavior*, 28(4), 373-401.
- Subkoviak, M. J., Enright, R. D., Wu, C.-R., Gassin, E. A., Freedman, S., Olson, L. M., & Sarinopoulos, I. (1995). Measuring interpersonal forgiveness in late adolescence and middle adulthood. *Journal of Adolescence*, 18, 641-655.
- Worthington, E. L. & DiBlasio, F. A. (1990). Promoting mutual forgiveness within the fractured relationship. *Psychotherapy*, 27, 219-223.
- Zeichmeister, J. S., & Romero, C. (2002). Victim and offender accounts of interpersonal conflict: Autobiographical narratives of forgiveness and unforgiveness. *Journal of Personality and Social Psychology*, 82, 675-686.

### **Intrapsych Theories:**

- Bonar, C. A. (1989). Personality theories and asking forgiveness. *Journal of Psychology and Christianity*, 8(1), 45-51.
- Emmons, R. A. (2000). Personality and forgiveness. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 156-175). New York: The Guilford Press.
- Gartner, J. (1988). The capacity to forgive: An object relations perspective. *Journal of Religion and Health*, 27, 313-320.
- Girard, M., & Mullet, E. (1997). Forgiveness in adolescents, young, middle-aged, and older adults. *Journal of Adult Development*, 4, 209-220.
- Hunter, R. C. (1978). Forgiveness, retaliation, and paranoid reactions. *Canadian Psychiatric Association Journal*, 23, 167-173.
- Pritchard, E. T., Wohl, M. J. A., Morry, M. M., & Falvo, C. (?). Self-other forgiveness judgments. Unpublished paper. University of Winnipeg.

### **Measures:**

- Brown, R. P., & Phillips, A. (?). Letting bygones be bygones: Testing the discriminant validity of dispositional forgiveness measures. Unpublished paper. The University of Oklahoma.
- Hargrave, T. D. & Sells, J. N. (1997). The development of a forgiveness scale. *Journal of Marital and Family Therapy*, 23, 41-63.
- Kanz, J. E. (2000). How do people conceptualize and use forgiveness? The Forgiveness Attitudes Questionnaire. *Counseling and Values*, 44, 174-188.
- Mauger, P. A., Perry, J. E., Freeman, T., Grove, D. C., McBride, A. G., & McKinney, K. (1992). The measurement of forgiveness: Preliminary research. *Journal of Psychology and Christianity*, 11, 170-180.
- McCullough, M. E., Hoyt, W. T., & Rachal, K. C. (2000). What we know (and need to know) about assessing forgiveness constructs. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 65-88). New York: The Guilford Press.
- Mullet, E., Houdbine, A., Laumonier, S., & Giard, M. (1998). "Forgivingness": Factor structure in a sample of young, middle-aged, and elderly adults. *European Psychologist*, 3, 289-297.
- Pollard, M. W., Anderson, R. A., Anderson, W. T., & Jennings, G. (1998). The development of a family forgiveness scale. *Journal of Family Therapy*, 20, 95-109.
- Shontz, F. C., & Rosenak, C. (1999). Psychological theories and the need for forgiveness: Assessment and critique. *JPC*, 7(1), 23-31.
- Subkoviak, M. J., Enright, R. D., Wu, C.-R., Gassin, E. A., Freedman, S., Olson, L. M., & Sarinopoulos, I. (1995). Measuring interpersonal forgiveness in late adolescence and middle adulthood. *Journal of*

*Adolescence*, 18, 641-655.

- Tangney, J., Fee, R., Reinsmith, C., Boone, A. L., & Lee, N. (1999, August). Assessing individual differences in the propensity to forgive. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Thompson, L. Y., Snyder, C. R., Hoffman, L., Michael, S. T., Rasmussen, H. N., Billings, L. S., Heinze, L., Neufeld, J. E., Shorey, H. S., Robinson, C. M., Roberts, J. R., & Roberts, D. E. (?). Development and validation of a measure of dispositional forgiveness of self, others, and situations: The Snyder Forgiveness Scale (SFS). Unpublished paper. University of Kansas, Lawrence.

### **Religion/Spirituality:**

- Baumeister, R. F., & Exline, J. J. (2000). Self-control, morality, and human strength. *Journal of Social and Clinical Psychology*, 19(1), 29-42.
- Beck, J. R. (1992). When to forgive. *Journal of Psychology and Christianity*, 11, 269-273.
- Gassin, E. A. (2001). Interpersonal forgiveness from an eastern orthodox perspective. *Journal of Psychology & Theology*, 29(3), 187-200.
- George, L. K., Larson, D. B., Koenig, H. G., & McCullough (2000). Spirituality and health: What we know, what we need to know. *Journal of Social and Clinical Psychology*, 19(1), 102-116.
- Goruch, R. L. & Hao, J. Y. (1993). Forgiveness: An exploratory factor analysis and its relationship to religious variables. *Review of Religious Research*, 34, 333-347.
- McCullough, M. E., & Snyder, C. R. (2000). Classical sources of human strength: Revisiting an old home and building a new one. *Journal of Social and Clinical Psychology*, 19(1), 1-10.
- McCullough, M. E., & Worthington, E. L., Jr. (1999). Religion and the forgiving personality. *Journal of Personality*, 67, 1141-1164.
- Reeder, J. P. (1987). Forgiveness: Tradition and appropriation. *The Journal of Religious Ethics*, 15(2), 136-154.
- Rye, M. S., Pargament, K. I., Ali, M. A., Beck, G. L., Dorff, E. N., Hallisey, C., Narayanan, V., & Williams, J. G. (2000). Religious perspectives on forgiveness. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 17-40). New York: The Guilford Press.
- Weiner, B., Graham, S., Peter, O., & Zmuidinas, M. (1991). Public confession and forgiveness. *Journal of Personality*, 59, 281-312.

### **Reviews/Models:**

- A Campaign for Forgiveness Research (2003). Forgiveness conference: Scientific findings about forgiveness, Helping people forgive. Conference program. Atlanta, Georgia.
- Denton, R. T., & Martin, M. W. (1998). Defining forgiveness: An empirical exploration of process and role. *The American Journal of Family Therapy*, 26, 281-292.
- Enright, R. D., Gassin, E. A., & Wu, C. (1992). Forgiveness: A developmental view. *Journal of Moral Development*, 21, 99-114.
- McCullough, M. E. (2001). Forgiveness: Who does it and how do they do it? *Current Directions in Psychological Science*, 10, 194-197.
- McCullough, M. E., Sandage, S. J., Rachal, K. C., & Worthington, E. L. (1997). A sustainable future for the psychology of forgiveness. Paper presented at APA, Chicago.
- North, J. (1987). Wrongdoing and forgiveness. *Philosophy*, 61, 499-508.
- Pargament, K. I., McCullough, M. E., & Thoresen, C. E. (2000). The frontier of forgiveness: Seven directions for psychological study and practice. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 299-319). New York: The Guilford Press.
- Snyder, C. R., & McCullough, M. E. (2000). A positive psychology field of dreams: "If you build it, they will come..." *Journal of Social and Clinical Psychology*, 19(1), 151-160.