

1-1-2002

CO 720 Psychopathology: Theory and Assessment

Janet B. Dean

Follow this and additional works at: <http://place.asburyseminary.edu/syllabi>

Recommended Citation

Dean, Janet B., "CO 720 Psychopathology: Theory and Assessment" (2002). *Syllabi*. Book 1222.
<http://place.asburyseminary.edu/syllabi/1222>

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact thad.horner@asburyseminary.edu.

CO 720: Psychopathology: Theory and Assessment

Autumn 2002

Tuesdays 6:15-9:00 pm

M 307

3 credits

Instructor: Janet B. Dean, M.A., M.Div.
Office: Counseling Student Lounge during Office Hours
E-mail: janet_dean@asburyseminary.edu
Office Hours: 11-12 pm Fridays or by appointment

Course Objectives:

This course is designed to be a practical, hands-on course in psychopathology. It will cover the various areas of psychopathology as defined by the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR). Students will have opportunities to learn and to utilize their knowledge of the DSM-IV-TR to facilitate assessment, diagnosis, case conceptualization, and treatment planning as would be required in mental health centers and similar institutions.

Course Goals:

As a result of completing this course, students shall:

1. Become familiar with a variety of historical Christian views concerning various mental health diagnoses.
2. Develop an understanding of psychopathology using DSM-IV-TR nosology.
3. Become familiar with the use of DSM-IV-TR in clinical settings.
4. Develop skills in diagnosis and assessment using DSM IV-TR terminology.
5. Develop the ability to translate diagnostic results into case conceptualization and treatment planning goals.

Required Text:

American Psychiatric Association (2000). Diagnostic and Statistical Manual of Mental Disorders (DSM IV TR). 4th ed. Washington, DC: APA.

Meyer, R. G. & Deitsch, S. H. (1996). The Clinician's Handbook. Needham Heights, MA: Simon and Schuster.

Prerequisite / Enrollment Limits: CO 601 / No more than 40 students

Course Requirements:

1. Active participation in class sessions.
2. Punctual class attendance is required. Students should limit their absences to emergency cases, such as illness, family emergencies etc.
3. Students will complete a 4-5 page report covering a historical Christian theologian's views of a mental health disorder. In this paper, students should cover the following points:

- Provide a brief summary of the author's views concerning the mental health disorder.
- Discuss how the author reconciles the disorder with Christian faith. For example, does the author see the disorder as incompatible or compatible with Christian faith?
- Discuss any explanations the author provides for the origins of the disorder.
- Compare and contrast the author's understanding with current knowledge of the disorder.
- Briefly outline any suggestions for treatment the author offers.
- Briefly discuss how this Christian historical perspective might or should influence your understanding and approach to the disorder.

For this assignment, you are free to any Christian historical writer. I offer the following as suggestions:

Athanasius: *Oration of the Incarnation of the Word*

Thomas Aquinas: *Summa Theologiae*, esp. Questions 22-48.

St. Augustine: *Confessions*

Jonathan Edwards: *On Religious Affections*

Gregory the Great: *The Book of Pastoral Care*

Martin Luther: *Letters of Spiritual Counsel*

Soren Kierkegaard: *The Concept of Anxiety; or The Sickness Unto Death*

John Wesley: *Thoughts on Nervous Disorders - Particularly that which is usually termed lowness of Spirits; Sermon XLV11 - Heaviness through Manifold Temptations; or, A letter to a Friend Concerning Tea.*

I have provided a copy of Dr. Tony Headley's article on Wesley and Depression on reserve. Though much longer in length, it provides an example of the kind of paper I desire.

4. Complete 9 diagnostic assessments using DSM IV criteria.

- Students will be provided with actual cases to be used in completing this requirement.
- In completing this assignment, students will use the DSM multi-axial system.
- In the first three assigned cases, students will be expected to provide a detailed account of the process used to arrive at the diagnosis.
- **The final two (2) diagnostic assessments will be graded.** Grading will be based on the following:
 - A. Accuracy of the primary and any auxiliary diagnoses, including accurate use of diagnostic codes;
 - B. Inclusion of all relevant diagnoses;
 - C. Completion of the multi-axial system.

The diagnostic assignments will be due on each Tuesday beginning September 24th.

- Students will be assigned to groups at the beginning of the class. Each group will be expected to lead a class presentation on a topic related to the DSM-IV categories. Presentations will be evaluated on the basis of the thoroughness and overall quality. Students should discuss content of presentation with instructor prior to actual presentation. Presentations will be of 30 – 40 minutes duration, with 10 minutes for questions and feedback.
- Students will be expected to complete a research paper on some relevant topic. This paper should be a minimum of 10 pages and should not exceed 15 pages. In this paper, students should include relevant Christian insights and implications. Papers will be graded on the following bases:
 - Demonstrated understanding of the topic,
 - Thoroughness of the paper,

- Clarity of thought,
- Quality of writing,
- Overall quality,
- Inclusion of Christian insights,
- APA format,
- Citations of relevant sources.

- Students will complete a mid-term exam. This exam will cover the introductory material through substance disorders and other material related to the overall understanding of the DSM-IV-TR. The exam will be largely objective in nature.
- Students will be expected to complete a final exam on the course material. This exam will involve the assessment, diagnosis, case conceptualization, and treatment planning for several cases, utilizing both video and written case material.

Evaluation:

The course grades will be determined in the following manner:

- | | |
|--|--|
| 1. Two diagnostic assessments - 10% each, for a total of 20% | <i>Due November 19th & December 3rd</i> |
| 2. 4-5 page report – 15% | <i>Due on October 8th</i> |
| 3. Group presentation - 10% | <i>See relevant dates below</i> |
| 4. Paper - 20% | <i>Due on December 3rd</i> |
| 5. Mid-term exam – 15 % | <i>October 15th</i> |
| 6. Final exam - 20% | <i>December 10th, 6:15 pm</i> |

GRADE RANGES

A	93	B	83	C	73	D	63
A-	90	B-	80	C-	70	D-	60
B+	87	C+	77	D+	67	F	below 60

Course Schedule and Assigned Readings:

Please follow the topics noted below as a guide for readings in the DSM-IV-TR manual.

Week 1 – September 3rd

Introduction to Psychopathology; Christian Perspectives on Psychopathology

Week 2 – September 10th

Abnormality; History of the DSM Manuals; DSM IV Multi-axial Assessment

Week 3 – September 17th

Overview of Clinical Observation and Assessment; Mood Disorders -- *Meyer and Deitsch, chap. 4*

Week 4 – September 24th

Mood Disorders Continued; Adjustment Disorders -- *Meyer and Deitsch, chaps. 7,10;*

* **Presentation Treatment Approaches to Major Depression;**

* **Diagnosis 1 Due**

Week 5 – October 1st

Anxiety Disorders -- *Meyer and Deitsch, chaps. 5, 14*

* **Presentation on Treatment Approaches to PTSD or Panic Disorder**

* **Diagnosis 2 Due**

Week 6 – October 8th

Substance Abuse Disorders -- *Meyer and Deitsch, chap. 2;*

* **Presentation on one Substance Abuse Disorder**

* **Diagnosis 3 Due**

Week 7 – October 15th

* **Mid-term exam**

Somatoform Disorders -- *Meyer and Deitsch, chaps. 6, 16;* Factitious Disorders

* **Diagnosis 4 Due**

Week 8 – October 22nd

Dissociative Disorders -- *Meyer and Deitsch, chaps. 7, 8;* Sexual and Gender Identity Disorders

* **Diagnosis 5 Due**

Week 9 – October 29th

Eating disorders -- *Meyer and Deitsch, chap. 10;* Sleep Disorders

* **Presentation on Eating Disorders**

* **Diagnosis 6 Due**

Week 10 – November 5th

Schizophrenia and Other Psychotic Disorders -- *Meyer and Deitsch, Chap. 3*

* **Diagnosis 7 Due**

Week 11 – November 12th

Cognitive Disorders; Impulse Control Disorders NOC

* **Diagnosis 8 Due**

Week 12 – November 19th

Disorders of Infancy, Childhood and Adolescence -- *Meyer and Deitsch, Chap. 11*

* **Presentation on ADHD**

* **Diagnosis 9 Due**

Week 13 – November 26th

Fall Reading Week – No class

Week 14 – December 3rd

Personality Disorders -- *Meyer and Deitsch, chap. 9;* The Treatment of Personality Disorders

* **Diagnosis 10 Due**

Week 15 -- December 10, 6:15 – 9:00 pm

Final Exam

All materials are available in alternate formats.

As soon as possible, please inform the instructor of any special needs you may have.