CO 730 Advanced Issues in Cross-Cultural Counseling

Tapiwa N. Mucherera

Follow this and additional works at: http://place.asburyseminary.edu/syllabi

Recommended Citation
http://place.asburyseminary.edu/syllabi/1212

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact thad.horner@asburyseminary.edu.
ADVANCED ISSUES IN CROSS-CULTURAL COUNSELING

CO 730

Instructor: Tapiwa N. Mucherera, Ph.D.  Office: Stanger Hall 409
Office hours: by appointment  Semester:  Spring  2002
Pre-requisite: PC510 or CO601  Time: 6:15-9:00pm Thurs

I  Course Description
The purpose of this course is to help students to develop a counseling ministry which will be sensitive and helpful to various cultural groups. Counseling, whether it be in the USA or overseas, requires a basic understanding not only of how various ethnic groups live life but also one’s own possible stereotypes, which may hinder effectiveness in the counseling process. This course, is an attempt to integrate material scripturally, experientially, psychologically and theologically. In addition, the course will examine issues of racism, differences in religio-cultural values and world-views, verbal and non-verbal communication and other factors that effect the processes of counseling. Lectures, guest speakers, videos, role plays, group discussions and a cross-cultural inventory (books and articles) will be used to present techniques and approaches in working in a cross-cultural context.

II  Course Objectives
A. General: To develop or enhance (1) a knowledge and understanding of the major issues surrounding multi-cultural counseling, and

(2) enhance the ability of the counselor to be able to see beyond the presenting problem, build rapport, and counsel effectively those of a different ethnic background.

B. Educational: (1) Develop a competence in understanding the historical, sociological, familial and societal influences placed upon each ethnic or minority group

(2) To understand the various theories concerning each ethnic group’s attitudes towards society and counseling

(3) To gain an understanding of one’s own possible prejudices or stereotypes towards certain ethnic populations and develop a plan in dealing with them and

(4) To develop a biblical framework for race relations which will in turn effect cross-cultural counseling.

III  Performance Objectives:
A  Cognitively: (1) To articulate the different issues a counselor faces in forming a
therapeutic alliance with different clients of a different ethnic origin

(2) To explain the different approaches to bring about an effective counseling relationship with clients of a different ethnic background

(3) To identify the salient features of North American majority Caucasian culture and how it varies from those around it

(4) To understand the major subcultures within North American life

(5) To recognize the ramifications of poverty, urban life, and racism on emotional functioning

(6) To be able to apply effective counseling strategies with peoples from non-western worlds and,

(7) To self evaluate on personal knowledge about cross-cultural issues and then work on those areas that require change.

B Affectively: (1) To develop a greater appreciation for cultures that see the world in a different framework than I do

(2) To develop a greater appreciation concerning the struggles ethnic minorities face in living in North America

(3) To learn about other cultures outside of North America and celebrate our commonalities and differences and know we are all one in Christ

(4) To learn that Christ is not against culture but meets people within their culture and transforms them

IV Experiential: Students will seek to develop a relationship over the whole semester with someone from another culture (e.g. International students at Asbury college or Seminary. Another option is to choose your practicum setting if it is with a cross-cultural population). Partly, the experience of engaging in the cross-cultural experience is the one you will draw on in writing the first paper due at midterm.

V Course Assignments
A. Journal Articles: The student is to write a two page summary and reflection on TWO different articles and subjects concerning counseling cross-culturally. The article summaries and the book reflection are to be typed double spaced. (points for articles, 7.5 points per reflection = 15 points total) Due Feb 21 & March 14.

A. Papers:
The student is to write two papers. The first is an 10 page paper.
1. Each person is to identify 2 persons or families from different cultural background with which the student is not familiar. The student should seek to be a learner, especially in regards to family structure and traditions which would impact the counseling process. The student’s paper is to integrate both the personal findings with the readings in class. The paper will compare and contrast the two cultures in terms of world-views, traditional religions, family systems, histories of oppression and the influence of Christianity. The 10 page paper will be the student’s integrated summary of this learning process. (Do not raise issues of how this would affect counseling in this paper; this is an in-depth study of the cultures (take an anthropological approach to this paper. The issues of application to counseling will be covered in the second paper) Opportunities will be given in class to share one’s findings. 20 points. The paper is due March 28th. This paper is to be typed double spaced APA.

2. Role Plays: The class will be divided into groups of 3 or 4 depending on the size of the class. The particular groups will function as ethnic or ethnically mixed family units. Someone will play the role of counselor. Others in the role play will play members of the family unit and must show adequate knowledge from readings and interviews, of their awareness of the particular ethnic role they are playing. As a group you will have 30 minutes to present on your ethnic or ethnically mixed family’s: history, oppression, family values systems, world-view, culture, religious beliefs influence of colonization and Christianity; 20 minutes for role play and 20 minutes for feedback. I expect you to practice outside of class at a time agreeable to the group. The presentations and role plays 25 points

The second is a research paper (18-20 pages) which focuses and addresses:

a). how counseling will vary (compare and contrast) with the two ethnic groups studied because of cultural variations and world-views. If the research paper is with groups from non-western context, one must give a brief historical background to how issues of the traditional culture of the group being studied, colonization and Christianity affect how one provides counseling today. From the North American context, one must address how racism and poverty continue to play a large part in counseling with ethnic minorities;

b). issues the counselor should be attuned to, such as stereotypes, prejudices, race relations, oppression, poverty, verbal/non-verbal communication in providing counseling with these particular ethnic groups chosen for the paper;

c). the question why North American Caucasian or Western theories and approaches are not always appropriate and relevant for ethnic minorities in counseling;
d). the paper covers the question how you integrate spirituality in counseling with the specific groups you studied; and (from a Biblical perspective) what mandates are there in providing counseling to those of different culture from our own.

e). Finally, summarize some of the things that you have discovered about yourself in terms of strengths and the areas of improvement you need to work on in your engaging in counseling cross-culturally.

30 points. The paper is May 16th, 2002.

VII Class participation attendance 10 points.

Readings: Required


Sue and Sue, Counseling the Culturally Different New York: John Wiley & Sons, 1990.

Mucherera, Tapiwa N. Pastoral Care From a Third World Perspective: A Pastoral Theology of Care from an Urban Contemporary Shona in Zimbabwe New York: Peter Lang, 2001

Recommended.


Pederson Paul and Ivey Allen Culture-Centered Counseling & Interviewing Skills

Sue Wind Derald, Multicultural Counseling competencies: Individual & Organizational Development

van Beek, Aart M., Cross-cultural Counseling (Creative Pastoral Care and Counseling series), Minneapolis: Fortress Press, 1996.
Further Readings
Lartey E, The Church and Healing: Echos from Africa. New York: Peter Lang, 1994


Journals:
The following journals contain articles that address cross-cultural issues in counseling and will be useful for finding articles for assignment A. Most of the articles are accessible through (EBSCO CD-ROM) on the Asbury Theological Seminary library computers.
Adolescence
Counseling and Values
Counselling Psychology Quarterly
Cross Currents
Family Journal
Family Relations
Interpretation: A Journal of Bible and Theology
Journal of American Indian Education
Journal of Black Psychology
Journal of Counseling and Development
Journal of Counseling Psychology
Journal of Cross-cultural Psychology
Journal of Marital and Family Therapy
Journal of Mental Health Counseling
Journal of Multicultural Counseling and Development
Journal of Multicultural Social work
Multicultural Teaching
Pastoral Psychology
Women and Therapy

Class Schedule

Week 1  
Feb 14
Introduction to Advanced issues  
Counseling Skills - Role play/ Video  

Basic issues in cross-cultural counseling

Read Counseling the culturally different Chapter 2
Counseling Across Cultures Introduction vii-xvii
Week 2  Feb 21

*Barriers to Effective Multicultural Counseling*
Read *Counseling the Culturally Different* Chapters 3 & 4

Week 3  Feb 28

*Cross-cultural Family Counseling and Therapy*
Read *Counseling the Culturally Different* Chapters 5

Week 4  March 7

*Racial and Identity development*
Read *Counseling the Culturally Different* Chapter 6

Week 5  March 14

*White Racial Identity Development*
Read *Counseling the Culturally Different* Chapter 7

Week 6  March 21

*Values & Ethics*
Read *Counseling the Culturally Different* Chapter 8
*Counseling Across Cultures* Chapter 3

Week 7  March 28

*Non-Western and Indigenous Methods of healing*
Read *Mucherera Pastoral Care from a Third World Perspective*, Chapter 5-6
Also *Counseling the Culturally Different (CCD)* Chapter 9

Week 8  Reading Week April 1-5

Week 9  April 11

*Counseling in Africa*

(Role play -  Read *Mucherera Pastoral Care from a Third World Perspective*, Chapter 1-4

Week 10  April 18

*Counseling Asian-Americans*

(Role play -  Read Sue & Sue (CCD) Chapter 12)
Also *Counseling Across Cultures* Chapter 6
Week 11    April 25
Counseling in Latin America
(The readings for this week are all on reserve)

(Role play -) Read Wicks & Estadt: Pastoral Counseling in a Global Church (pp. 3 - 27)
Also Counseling American Minorities pp. 255-267

Week 12    May 2
Counseling African-Americans

(Role play -) Read Sue & Sue (CCD) Chapter 11

Week 13    May 9
Counseling American Indians and Alaskan Natives

Role Play- Read Sue & Sue (CCD) Chapter 13.
Also Counseling Across Cultures Chapter 8

Week 14    May 16
Counseling Hispanic Americans
Read Sue & Sue (CCD) Chapter 14

Week 15    May 21- 23 B Finals Week