Subject File
of
Rodger Hedlund

Special Collections
OF ASBURY THEOLOGICAL SEMINARY
THE MCGAVRAN INSTITUTE
CHURCH GROWTH RESEARCH CENTRE

May 1-14-1988
(Spicer College, Pune)

COUNSELLING TECHNIQUES

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SYLLABUS

1. COURSE GOALS

(a) Goal Statement - For the student to develop the basic understanding of man and his needs, scope and significance of counselling, meaning of counselling, Biblical basis of counselling, various problems of man, Qualifications of the counsellor, different aspects of counselling and the role of the pastor in the counselling ministry.

(b) Goal Indicator - The course goal will be achieved when the student is able to do the following:

(i) Make a grade of at least 65 on exams covering all topics.

(ii) Read and submit the reading reports.

(iii) Prepare an acceptable paper (at least five pages) giving details how the student will develop a counselling ministry in his/her area of ministry.

2. COURSE TEACHING PLAN

(a) Lectures - Students should take notes on the class lectures and discussions.

(b) Study assignments - Study assignments from various books will be given. Students are expected to read the assignments, take notes on it, and be prepared to discuss the materials in class.

(c) Group discussions and reports - The students will be divided into different groups to discuss various matters and for the role play. Students will prepare reports on
various subjects and group discussions and should be presenting this in the class.

(d) Examinations - Two examinations will be given based on the assigned reading materials and lectures.

3. Grading

Class participation and reports : 40%
Examinations : 30%
Final Paper : 30%

4. Summary of Topics to be covered during this course.

(a) Introduction to the course (Orientation)
(b) How to understand us and others
(c) Scope and significance of the subject counselling techniques
(d) The meaning of counselling
(e) Biblical basis of counselling
(f) Various needs and problems of man - spiritual, emotional, physical and intellectual needs and problems
(g) Qualifications of the counsellor
(h) Different aspects of counselling
(j) The role of the pastor in the counselling ministry
Rev. 2:5-11: Anyone suffering
= soul: first made Ch. = suffering (second made
 unpopular among American Jews)
 = prominent Asian experience: Judaism. Theology of suffering needed! (not
 prosperity cult.)
 = 1) affliction (v. 9) = persecution (angels in heaven)
 = Bishop Polycarp (2nd Century) martyr
 2) Poverty (v. 9) = external prosperity (wealth)
 = famine, mild suffering. = said it "pay
 to own Jesus? NO!" (not bureau, trade,
 rich homes, named.
 3) Slander (v. 9) = see Rev. 2:10: 92. Verbal
 abuse (poor minds; evil tongue).
 4) Prison (v. 10) = still to save
 5) Death (v. 10) = martyrdom (euthanía) = suffer
 = Polycarp (first, p. 41)
 Only note: comfort (v. 10, 11) = Uncompromising Ch.

Rev. 2:11:7 = Bergamum; Truth
 = Conflict action, Truth & Error - Pagan Centre
 = see 1:5 2:3 = quito? God.
 2. """""""Believe? = reduction, compromise
 4. Kingdom Supply: place of decision
 5. Way & Conquer (12) = led. prod. 9:30
 = Reward: power, story. obscure (ill. 20:30)
 = engraved on stone

Phil. 1:1 = Paul to Church. Of Christ
 = entire ch: mm. 9. Ch. 2:2, 20, 21
 1) union. Separated Christ.
 2) first time, [ed]
 3) evil of [kept]
 4) mutual esteem: mm. 1:9 [ed]
 5) coming
 = He is [kept] Ch. 1:24: led = He in God

Rev. 2:1-7 = Ephesus; False
 = material; Potentate, capital of province
 = temple. Jesus (deceit). 1) [held] of

1) Commendation: 1) their work (v. 2) = diligent;
 active
 2) their endurance (v. 3) = fierce opposition
 3) their orthodoxy (v. 4) = hard; free of
desecration = rooted in purity.
 4) complaint: (v. 4) = left, they find God
 = Backsliders: devotion cooled. How?
 = 1) love; change in worship (public prayer)
in obedience (law of law): prompt or slow...
 = 2) service to others.
 = change (product)
 = repent (change)
 = response to need
 = part conclusion
 = of issue on problem
FOLLOW DIRECTIONS CAN YOU?

1. Read all of the statements carefully before you do anything.
2. Write your name in the upper right hand corner of this page.
3. Circle your name.
4. Circle the word "name" in sentence (2).
5. Put your shoe size here ............
6. Mark through the shoe size above.
7. Put size 12 EEE in the space.
8. Fill in the following blanks showing if the truthful answer is now in step (5) Yes ......... No ........
9. Put the year of your birth here ............
10. Draw five small squares in the upper left hand corner of this paper.
11. Put on "X" in each square.
12. Sign your name under the title of this paper.
13. After the title, write: "yes, yes, yes".
14. Put a circle completely around sentence (7)
15. Put an "X" in the lower left corner of this page.
16. Write a colour's name which you like most.
17. If you think you have followed directions carefully to this point, answer yes in the blank ............
18. On the reverse side of this page, add 4443 and 4585
19. Count 1 to 10 in your normal voice.

20. Draw two triangles here ............ .............
21. If you are the first person to reach this point, just raise your hand and say I am the first.
22. Under line all even numbers on the left side of this paper.
23. Put a square around each written-out number on this page.
24. Loudly call out, "I am almost finished; I have followed directions".
25. Now that you have finished reading everything carefully, do only sentences (1) and (2).
TEST YOUR SELF - CONFIDENCE

Select a (or) b (or) c which apply to you.

1. You are attracted to someone of the opposite sex and want to set to know him/her. Would you...
   a) Get some one else to introduce you?
   b) Make the first contact your self?
   c) Do nothing but hope that you will be noticed?

2. When some one loves you, do you...
   a) Feel afraid that as he/she gets to know you the loving will stop?
   b) Accept if as your due?
   c) Feel glad and do your best to please?

3. If you give a party, do you.
   a) Have a good time.
   b) Have a miserable evening because you worry about how well it is going.
   c) Start off worried. but very relax as the evening goes on?

4. Do you talk about your self?
   a) Rarely, because you are afraid of boring
   b) Yes, if you are asked about yourself
   c) Rather a lot of the time.

5. Do you react to interviews by
   a) Feeling terified?
   b) Feeling excited by the challenge?
   c) Feel nervous but hopeful?

6. If the same sort of disagreement arose with your boss, would you.
   a) Make your stand up clear to him?
   b) Raise mild objections to his plans?
   c) Keep quiet?

SCORING KEY.

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Above 24 -------- very high self confidence
20 to 24 -------- high self confidence
15 to 20 -------- optimal self confidence
Below 15 -------- low self confidence
1. First, we must understand what the gospel is. It is the good news of salvation through Jesus Christ. It includes the preaching of the word, the administration of the ordinances, and the prayer of the congregation. It is the power of God, the source of all spiritual growth.

2. The church is the body of Christ, built on the foundation of the apostles and prophets. It is the pillar and ground of the truth. The church is to be united in love and to hold fast to the apostolic teaching.

3. The purpose of the church is to glorify God and to make disciples of all nations. It is to be a visible expression of the invisible church, the Church Universal.

4. The church is to be a community of believers who love and care for one another. It is to be a place where people can find rest and comfort in their struggles and sufferings.

5. The church is to be a place where people can grow in their faith and in their understanding of the gospel. It is to be a place where people can find strength and encouragement in their daily lives.

6. The church is to be a witness to the world of the love and mercy of God. It is to be a place where people can share the gospel with others and to be a light to the world.

7. The church is to be a place where people can find hope in the midst of their suffering. It is to be a place where people can find comfort in their trials and to be a place where they can grow in their faith.

8. The church is to be a place where people can find joy in their lives. It is to be a place where people can find peace and to be a place where they can grow in their understanding of the gospel.

9. The church is to be a place where people can find fellowship with one another. It is to be a place where people can share their lives and to be a place where they can grow in their understanding of the gospel.

10. The church is to be a place where people can find strength in their struggles. It is to be a place where people can find hope and to be a place where they can grow in their understanding of the gospel.