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CO 604 Treatment Planning

Georgina Panting-Sierra

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CO 604 Treatment Planning

Area of Counseling and Pastoral Care
Friday January 25, 2008 from 9:00AM-5:00 PM
Saturday, January 26: 9:00 AM-2:00PM
One-Hour Credit
Prerequisites: CO601

Georgina Panting Ed.D., Adjunct Professor
Email: Georgina_Panting@AsburySeminary.edu
Tel. 407-401-1990

Course Description:

This class belongs to a sequence of courses that focus on treatment planning using theoretical, diagnostic, and integrative approaches. Students will be exposed to all phases of the treatment planning process, including the formulation and writing of treatment plans, the implementation of plans using appropriate timelines, treatment techniques appropriate to different mental and emotional disorders, and how to make treatment referrals where necessary.

Course objectives include:

1. To learn how to conceptualize cases from various theoretical perspectives.
2. Develop the ability to think like a clinician, using relevant diagnostic information.
3. Learn how to develop and implement treatment plans, including cultivating the ability to assess progress and formulate timelines.
4. Learn to keep effective treatment records, documentation and progress notes.
5. Understand how to make appropriate treatment referrals.
6. Student will become familiar with diagnostic methods and treatment planning procedures.

Required Text:

Seligman, L. (2004). *Diagnosis and treatment planning in counseling*. 3rd. ed.
New York: Springer.

Course Requirements:

ATTENTION:
READING REPORT DUE THE FIRST DAY OF CLASS.

1. Read ONE OF THE CHAPTERS (from chapters 3-6) in this article available on line: Surgeon General. (2001). Culture counts: The influence of culture and society on mental health. In *Mental health, culture, race and ethnicity: A supplement to mental health: A report of the Surgeon General*. www.mentalhealth.org/cre/toc.asp
CHOOSE ONE of the populations described on this article and write a 3-5 page typed, APA style summary on that population (30%) Due on January 25, 2008.

There will be a penalty for late assignments.

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- 2. Group presentation (30%):** During class, students will be divided into groups to work on two vignettes in order for students to develop a treatment plan and presentation on each of the vignettes.
- 3. Treatment plan (30%):** During class the professor will provide a case for which each student will develop a treatment plan.
- 4. Attendance and Participation:** Punctual attendance is expected. **Absences** will not be allowed; giving the amount of content it will be covered in a short period of time. **Attendance and participation will count for 10% of the final grade.**

Regarding incomplete work, a grade of "I" denotes that the work of a course has not been completed due to an unavoidable emergency, which does not include delinquency or attending to church work or other employment. If the work of a course is incomplete at the end of a term without an emergency, a letter grade will be given based on the grades of work done, with incomplete work counted as "F."

Academic Dishonesty Policy:

Academic dishonesty is a basis for disciplinary action. Academic dishonesty includes, but is not limited to, activities such as cheating, using or purchasing "ghost-written" papers, and plagiarism (presenting as one's own the intellectual or creative accomplishments of another without giving credit to the source[s]). Penalties for academic dishonesty may include failing the student for the course. For more details refer to Asbury Seminary catalog.

Grading Scale:

A	95-100
A-	92-94
B+	89-91
B	86-88
B-	83-85
C+	80-82
C	77-79
C-	74-76
D+	71-73
D	68-70
D-	65-67
F	Below 65

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Other Resources:

Antony, M. & Barlow, D.H. (2002). *Handbook of Assessment and Treatment Planning for Psychological Disorders*. New York: Guilford Publications Inc.

American Psychiatric Association (2000). *Diagnostic and Statistical Manual of Mental Disorders, fourth edition, text revision*. Washington, DC: American Psychiatric Association.

Surgeon General. (2001). Culture counts: The influence of culture and society on mental health. In *Mental health, culture, race and ethnicity: A supplement to mental health: A report of the Surgeon General*. [Electronic version]. Rockville, MD: Office of the Surgeon General, US Public Health Service from: www.mentalhealth.org/cre/toc.asp

Websites:

www.jongsma.com (Treatment planning books by disorders and populations)

www.mental-health-matters.com/treatments/ (Mental Health Matters)