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SF 550 Tutorial in Spiritual Formation-- "Lectio Divina"

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DRAFT- subject to change

***SF 550 Tutorial in Spiritual Formation--
“Lectio Divina”***

Fall 2004

1 Hour’s Credit

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Introduction

By all accounts, prayer and spiritual reading combine to comprise the two chief elements in Christian spiritual formation. John Wesley gave wise counsel to a struggling preacher, “Read and pray daily; it is your life. Without it, you will be a trifler all your days.” This tutorial addresses the component of spiritual reading, looking at it from the standpoints of personal and group reading.

Textbooks

Robert M. Mulholland, Jr., *Shaped by the Word* (Upper Room Books)

Norvene Vest, *Gathered in the Word* (Upper Room Books)

Upper Room Spiritual Classics, Series 1 (Upper Room Books)

Course Objectives

1. You will acquire knowledge about the...
 - history of lectio divina
 - the place of lectio divina in the Wesleyan tradition
2. You will acquire skills in...
 - personal lectio divina
 - group lectio divina
 - teaching lectio divina in the church
3. You will deepen your life in Christ by...
 - actually using the Bible and devotional classics
 - reflecting and recording as you read
 - sharing your insights with others

The course is “credit only” for grade. It will be taught in two blocks of time—Friday afternoon, October 1st and Friday afternoon, November 5th. The location is scheduled to be Canterbury Retreat Center in Oviedo. We will eat dinner there on both days, with a cost of \$13.00 per meal. Additional information will be sent to all who register for the course.