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CO 605 Treating the Serious Mentally Ill: Treatment Modalities and Referral Coordination

Asbury Theological Seminary

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**CO 605: Treating the Serious Mentally III:
Treatment Modalities and Referral Coordination
Summer Session (May 23, 24, 25, 26; 9am-noon) 1 Semester Unit**

Course Description

In order to function as a competent counselor, one must develop skills in diagnosing, treating and referring a variety of problems with which one may be confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This particular course is focused on working with those individuals with serious mental illness. This course will also consider the impact of serious mental illness on the family as well as the role of the family in care and support. A concern for Christian spirituality as it influences treatment for the serious mentally ill will be considered throughout the course.

Course Objectives

Having successfully completed this course, students will be able to:

- Describe and differentiate between various types of diagnoses associated with serious mental illness.
- Explain and evaluate the various treatment approaches for the serious mentally ill and their families.
- Articulate the processes and procedures for arranging appropriate referrals for the serious mentally ill and their families.
- Consider the relevant concepts and perspectives of Christian spirituality for the treatment of serious mental illness.

Required Course Texts

Rowan, T. & O'Hanlan, B. (2003). Solution-oriented therapy for chronic and severe mental illness. New York: W.W. Norton. ISBN: 03393704238; 180 pps. [paperback]

Marsh, D. T. (2001). A family-focused approach to serious mental illness: Empirically supported interventions (Practitioner's Resource Series). Professional Resource Exchange.