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## CO 604 Using Diagnostic Information to Facilitate Treatment Planning

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**CO604 Using Diagnostic Information to Facilitate Treatment Planning****January 4, 5, 11, and 12, 2006; 1-4 pm****Dr. Toddy Holeman****Email:** [Toddy\\_Holeman@asburyseminary.edu](mailto:Toddy_Holeman@asburyseminary.edu)**Office Phone:** 859-858-2212**Maximum Enrollment: 30****One Hour Credit****Prerequisites: CO601, CO720**

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing this course, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress and formulate timelines.
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate treatment referrals.

**Required Text**

**Seligman, Linda (1996). Diagnosis and Treatment Planning in Counseling (2<sup>nd</sup> Edition). New York: Plenum Press.**

**Requirements****1. Reading Requirements. 10%**

You will read 265 pages from the Seligman text as part of the course. You will do additional reading of approximately 150 pages. Your additional reading should reflect diagnostic and treatment concerns – such as the treatment of a particular mental or emotional disorder, or the review of a specific treatment strategy that is of interest to you. On January 19, 2005 you will submit a tally of the total number of pages read for this course and a brief summary of the extra material that you read [no more than 3 pages in total] in correct APA style.

## 2. Case Studies. 50%

Students shall be assigned 2 cases for which they shall do the following:

Complete a multi-axial diagnosis of the case. Write a treatment plan indicating treatment strategies. Students may include relevant Christian treatment strategies where appropriate. Given the intensive nature of the course, no late papers will be accepted. Papers are due at the beginning of the class.

**Diagnosis and Treatment Plan 1 - 25% of the grade – January 11, 2005**

**Diagnosis and Treatment Plan 2 - 25% of the grade – January 19, 2005**

## 3. Weekly Quiz on Text Reading and Class Lectures. 40%

The classes on Jan. 5, 11, and 12 will **begin** with an objective quiz that covers the required text material and lecture from the **preceding** class. Quizzes will be graded in class. No makeup quizzes will be given.

### Evaluation

Course assignments shall be graded using the following grade ranges:

When all is said and done and all the grades are averaged together, here is the final scale of measurement:

100-96 = A

95-93 = A-

92-87 = B+

86-84 = B

83-81 = B-

80-77 = C+

76-74 = C

73-71 = C-

70-67 = D+

66-64 = D

63-61 = D-

60 and below = F

### Grading Policy

Punctual class attendance is required. If you miss more than 1 class [or its time equivalent] you will not receive a passing grade.

### Late Assignments and Papers

Given the intensive nature of this course, no late assignments will be accepted.

### Incomplete Policy

A grade of "I" denotes course work has not been completed due to an **unavoidable emergency**, which does **not** include failure to turn in course work or attending to church work or other employment. A request for an incomplete requires not only my approval, but also the approval of the Dean of the School of Theology. See the Asbury Seminary Catalog for further clarification.

## **Schedule and Topics**

- January 4, 2005**     **Tools for Treatment in Therapy**  
 Conducting Intake Interviews - Seligman Chapter 5  
 Nature and Importance of Treatment Planning -- Seligman Chapters 6
- January 5, 2005**     **Diagnosis and Treatment Planning**  
 Assessment: Using Diagnostic Tools – Seligman Chapter 4  
 Diagnostic Systems and Their Use -- Seligman Chapters 3  
**Quiz 1 [covers material from Jan. 4]**
- January 11, 2005**     **Theories and Techniques of Individual Counseling**  
 Developing Treatment Plans  
     Individual – Seligman Chapter 7  
     Couples – Seligman Chapter 7  
     Families -- Seligman Chapter 8  
     Groups -- Seligman Chapter 9  
**Diagnosis and Treatment Plan 1 Due Jan. 11 at beginning of class.**  
**Quiz 2 [covers material from Jan. 5]**
- January 12, 2005**     **Treating Emotional Disorders**  
 Writing and Record Keeping Chapter - Seligman Chapter 10  
**Quiz 3 [covers material from Jan. 11]**
- January 19, 2005**     **Diagnosis and Treatment Plan 2 Due on Jan. 19 by NOON.**  
**Reading List Due and Synopsis on Jan. 19 by NOON.**