

1-1-2000

PM 740 Tutorial in Pastoral Ministry: Treating Addictive Disorders

George R. Ross

Follow this and additional works at: <http://place.asburyseminary.edu/syllabi>

Recommended Citation

Ross, George R., "PM 740 Tutorial in Pastoral Ministry: Treating Addictive Disorders" (2000). *Syllabi*. Book 508.
<http://place.asburyseminary.edu/syllabi/508>

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact thad.horner@asburyseminary.edu.

**PM-740 TUTORIAL
TREATING ADDICTIVE DISORDERS
COURSE SYLLABUS (August 2000)**

CLASS MEETING TIME

Classes will meet from 8:30 a.m. till noon. Monday through Thursday (August 7-10) and Monday through Thursday (August 14-17).

COURSE DESCRIPTION

This course offers a comprehensive overview of how to diagnose and treat addictive disorders and introduces eight fundamental elements for effective treatment.

REQUIRED READINGS

It is highly recommended that required readings be completed before the start of class.

Ross, G.R. (1994). Treating adolescent substance abuse: Understanding the fundamental elements. Boston: Allyn & Bacon.

McGee, R.S. (1985). The search for significance. Pasadena, TX: Robert S. McGee.

McGee, R.S. & McCleskey, D. W. (1994) Conquering chemical dependency: A Christ-centered 12 step process. Roashville, TN: Lifeway Press.

Weinberg, J.R. & Kosloske, D. (1977) Fourth step guide: Journey into growth, Minneapolis, MN: Comp Care Publishers.

SUGGESTED READINGS BUT NOT REQUIRED

Comiskey, A. (1989). Pursuing sexual wholeness: How Jesus heals the homosexual. Lake Mary, FL: Creation House.

McGee, R. S. & Mountcastle, W. D. (1993) Conquering eating disorders: A Christ-centered 12-step process. Nashville, TN: Lifeway Press.

Kurtz, E. (1991). Not God: A history of alcoholics anonymous: Center City, MN: Hazelden.

Carnes, P. (1983). Out of the shadows: Understanding sexual addiction. Minneapolis, MN: Comp Care.

COURSE OBJECTIVES

Upon completion of this course, students will be able to: (1) list eight fundamental elements of an effective program for treating addictive disorders, (2) explain a sound rationale for conceptualizing the problem of an addictive disorder (3) depict a framework for addressing an addictive disorder, (4) list goals and objectives for treating an addictive disorder, (5) identify strategies for treating an addictive disorder, (6) define an addictive disorder from a cognitive-behavioral perspective, (7) list the four stages of an addictive disorder, (8) identify the attitudes underlying the personality structure of an addictive disorder, (9) identify the elements of an effective clinical assessment of an addictive disorder, (10) explain three important aspects of a healthy treatment environment, (11) list four distinct plateaus of recovery, (12) describe the change process, (13) define co-dependent enabling behavior, (14) outline the attributes and requisite skills of an effective addiction's counselor, (15) list the steps and principles of Alcoholics Anonymous (AA) and explain their Christian origin.

COURSE OUTLINE

Day One:

Fundamental Elements of Effective Treatment

- Rationale for diagnosis and treatment
- Screening, assessment and diagnostic procedures
- Continuum of Care
- Treatment environment
- Treatment strategies
- Family involvement
- Developing competent staff
- Efficacy and efficiency of treatment Summary

Emerging Personality and Cognitive Structure of an addictive disorder

- Addiction: A disease of attitudes
- Nomological network
- Cognitive structure
 - Psychological/physiological addiction
 - Denial of feelings and actions refusal
 - Refusal
 - Self-destructive attitudes caldron of emotional pain
- Summary

Day Two

Diagnosing Addictive Disorders

- Drug screening
- Signs and symptoms check list
- Psychosocial assessment and family interviews
- Family evaluation
- Interviewing the client
- Medical examination
- Psychological/psychiatric evaluation
 - Clinical observations
 - Forming a diagnosis
 - Determining the degree of dependency
 - Mental state: client
 - Mental state: Family members
- Summary

Intervention, Continuum of Care, Treatment Environment

- Intervention and continuum of care options
- Scenarios
- Treatment environment
- Treatment climate
- Staffing patterns
- Supportive services / Summary

Day Three*Treatment Strategies: Admitting and Submitting Plateaus*

Four plateaus of recovery
 Treatment Strategies: Admitting and submitting
 Enhancing awareness
 Managing feelings
 Change process
 Summary

Day Four*Treatment Strategies: Committing and Transmitting Plateaus*

Treatment strategies: Committing and transmitting
 Identifying self-defeating self-talk
 Changing self-talk
 Relapse prevention
 Summary

Day Five*Treating Codependent Enabling Behavior*

Treating co-dependent enabling parents
 Treatment objectives and strategies
 General treatment strategies
 Introductory treatment strategies
 Intermediate treatment strategies
 Advanced treatment strategies
 Treating other family members
 Summary

The Addiction's Counselor Attributes and Skills

Attributes Skills
 Summary

Day Six*Efficacy and Efficiency of Treatment*

Current state of the art
 Four types of evaluation
 Measuring program outcomes
 Summary

A Model Program For Treating Addictive Disorders

Day Seven*A Christ-centered program*

Twelve step process
 Powerlessness
 Trust in God
 Decision to give God my life
 Moral inventory
 Confession Grace
 Restitution
 Lifestyle
 Pray?
 Service

Day Eight*Final Examination**Course Evaluation***COURSE REQUIREMENTS**

Attendance
 Class participation
 Completion of required reading
 Daily log
 Homework assignments
 Take home final examination
 In class objective examination

EVALUATION PROCEDURES

Daily Log	10%
Attendance	10%
Class participation	10%
Completion of required readings	10%
Homework assignments	20%
Final Exam take home	20%
Final exam objective	20%

GRADING SCALE

90-100 = A
 80- 89 = B
 70- 79 = C
 60- 69 = D
 59- 0 = F

INSTRUCTOR EXPECTATIONS

(1) Attendance at every class session is required. The concepts and ideas being taught are highly integrated and interrelated. Missing class will adversely effect your ability to develop the skills being taught in this course and also adversely effect your final grade.

(2) It is expected that you will arrive to class on time prepared to work . This is a challenging course and we have a lot of material to cover in a short period of time.

(3) Active participation in class is required for you to maximally benefit from this course. Passive learning will not be helpful in this class.

(4) Honest and timely feedback regarding the content and presentation of this course is requested. I invite you to join me and your classmates in making this course an enjoyable and rewarding experience.

~

ACADEMIC DISHONESTY AND PLAGIARISM

Plagiarism is the act of presenting the ideas or work of another person as your own. It does not matter if you use the work of another that is printed in a journal or book, or simply resubmit the work of another student. If it is not properly referenced and displayed as a quote or idea of another, it is plagiarism. Academic dishonesty refers to all other questionable actions that may occur related to tests and other class activities. Academic dishonesty and plagiarism will not be tolerated and Seminary's policies will be followed if detected. (This means course failure and the possibility of additional disciplinary action.)

COPIES OF ASSIGNMENTS

It is recommended that students submit copies of assignments rather than original works. Use of duplicates are: (1) for the student's protection, assuring that work will not be lost and (2) preserves original work for possible job interviews.

POLICIES RELATED TO MISSING EXAMS

Make-up examinations will not be offered, unless unusual and non preventable circumstances preclude a student from taking a test at the designated time (e.g. death of a parent).

ADDITIONAL CREDIT HOUR

As outlined above, this is a two (2) credit hour course. An additional one (1) credit hour can be earned by submitting a fifteen (15) page research paper on a course related topic approved by the instructor. The paper is due on September 4, 2000.

BIBLIOGRAPHY

Available at start of class.