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CO 701 CO 704 Practicum in Counseling

Anthony J. Headley

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Syllabus

Course: CO701 W1 (SP 2009)

Title: Counseling Practicum-1

Hours: 2.00

Published: Yes, on 02/04/2009

Prerequisites:

CO601 and CO610 and CO655

Department: Counseling

Faculty: Dr. Tony Headley



Email: tony.headley@asburyseminary.edu

Office: SH

SPO: 925

Meetings:

During 02/09/2009 to 05/22/2009 on from 0:00a to 0:00a in EXLEXL.

Maximum Registration: 20

Catalog Description:

Objectives:

CO 701-704 Practicum in Counseling

CO 701-704 Practicum in Counseling

Anthony J. Headley

2009

Office: 410 Stanger Hall

Phone: 858-2267

E-mail: tony_headley@asburyseminary.edu

As soon as you have arranged for your placement, you should provide the following information to Mrs. Amanda Sturdevant in the Area of Counseling and Pastoral Care Office:

- Your name
- Name, address, phone number and other pertinent information of your placement site
- Name of your supervisor and his/her phone number
- The times you will be on site

PREREQUISITES:

- CO 601 Counseling Theories and Techniques
- CO 610 Ethic/Legal Issues in Counseling
- CO 655 Counseling Relationship: Process and Skills
- CO 720 Psychopathology: Theory and Assessment

CO 675 – Group Counseling and CO 660 – Crisis Counseling are also excellent courses that prepares you for counseling but are not mandatory. Some sites might require you to have completed other courses.

INTRODUCTION

These foundational practica are designed to provide students the opportunity to experience the role of counselor in actual situations. Each student will be expected to locate a placement where their responsibilities will include a number of counseling contacts. The Area of Counseling and Pastoral Care maintains a list of sites previously used that you may wish to consult for idea for placements sites. This information can be found on the bulletin board outside the counseling area offices. Students are free to arrange for their own placement sites as long as it meets the practicum requirements. Choose sites are in keeping with your career interests or that involves populations in which you have an interest.

GOALS

As a result of completing this course, students shall:

1. Develop familiarity with the role of the counselor and knowledge varied counseling settings.
2. Have an opportunity to practice verbal skills used in the counseling relationship
3. Use their knowledge of DSM IV nosology to assess cases
4. Develop treatments plans under appropriate supervision
5. Learn how to interact with clients, colleagues and supervisors
6. Begin to develop their own orientation to counseling

REQUIRED READING

Faiver, C., Eisengart, S. & Colonna, R. (2004). *The Counselor Intern's Handbook* (3rd. Ed). Belmont, CA: Brooks/Cole. ISBN 053452835X

It would be helpful to read chapter 1 prior to selecting the practicum site. The chapter contains some useful information on selecting a site.

REQUIREMENTS

Counseling Component

Each student shall spend 150 hours (10 hours per week for 15 weeks) for each two hours of credit in an appropriate counseling site. These hours include all work directly related to the practicum such as weekly supervision, client contact, staff meetings, intake sessions, treatment conferences, reading, verbatim preparation (if required) etc.

In order to qualify as an appropriate site the following conditions should apply.

- Access to a pool of clients that provides students with direct client contact. Client contact includes individual, family, group or co-therapy as well as contacts for the purpose of intake, assessment and diagnosis.
- Ideally a minimum of 25% of the total hours will be spent in client contact.
- 1 hour of individual face to face supervision by a qualified person per week. Persons qualified to provide supervision should possess a masters degree in one of the following disciplines: counseling, psychology, or social work.

Supervisory Component

Each student will have one hour of face to face supervision each week. Ideally, the supervision will be provided at the student's practicum setting by a qualified supervisor with a minimum of a masters degree in a clinical discipline (see above). Supervision time will normally be devoted to the students' case load and issues related to their counseling work.

Evaluation is an on-going part of the supervisory process. Students who encounter difficulty in fulfilling the requirements should meet with their placement or faculty supervisor as early as possible for consultation and/or adjustment to their practicum.

Ethical Conduct

All students in counseling practica are expected to adhere to ethical guidelines in conducting their work. The ethical standards for the American Counseling Association apply. Students should also adhere to any ethical standards and guidelines of the placement site.

Reading

500 pages of reading are required. These readings may be drawn from books, articles etc. related to the student's practicum setting.

Reading should be reported to your faculty supervisor at the end of the semester.

Case presentation Component

It is possible that in some settings, a supervisor might require audiotapes, videotapes or written verbatim of the student's work. Such work when required will be evaluated by your on-site supervisor.

Enrollment in Treatment Planning in Counseling Sections

Wherever possible, we recommend simultaneous enrollment in one of the sections of *Treatment Planning in Counseling*. This course will be offered in four one-hour sections (ABCD) on a two-year cycle in the following manner:

Section A - CO 602 - Theoretical Approaches to Assessment and Treatment Planning

Section B - CO 603 - Orientation to Christian Approaches to Diagnosis and Treatment Planning

Section C - CO 604 - Supervision of Treatment; Keeping Treatment Records and Using Diagnostic Information to Facilitate Treatment Planning

Section D - CO 605 - Treating the Chronic Mentally Ill and Treatment and Making Treatment Referrals

Check the current summer schedule to see which section is being offered.

Online Section Descriptions and Communication Guidelines

The Virtual Classroom is built upon the open-source Moodle platform. By logging into <http://one.asburyseminary.edu> and clicking on the Virtual Campus tab (upper right corner) you will have access to this course and be able to collaborate with participant-colleagues and me throughout the course. The following are functions with which you should familiarize yourself:

1. The **Course Information Center** contains many features to be used throughout the semester:
 - a) **Course News and Announcements**, where I will post items important for the entire class;
 - b) **Syllabus**, where a copy of the syllabus is provided;
 - c) **To Professor**, which is a way for you to post a message directly to me and we can discuss an issue privately;
 - d) **Course Questions**, which is a public forum where you can publicly post any questions you have regarding the course so others may see your message and respond. Anytime you have a question or comment about the course, the schedule, the assignments, or anything else that may be of interest to other participants and me you should post it to the Course Questions Forum;
 - e) **Prayer Forum**, which is a public forum where you can post prayer concerns and praises for all to see. This is a way for us to build community;
 - f) **Open Forum**, which is a public forum where you can post anything that is not course-related for all to see. Examples include someone getting married, an upcoming birthday, discussions on topics not course-related, etc. This is a way for us to build community.
2. **Modules**, which are located below the Course Information Center, will contain forums where group discussions will take place, documents or other files to download or view online, and assignment links where you will post your assignments to me. Modules will be clearly labeled so you can follow along during the semester.

Virtual Support Contact Information

For **technical support, library research support, library loans, and Virtual media** contact Information Commons: Info_Commons@asburyseminary.edu Phone: (859) 858-2233; Toll-free: (866) 454-2733

For **general questions and administrative assistance regarding the Virtual program**, contact Dale Hale: ExL_Office@asburyseminary.edu Phone: (859) 858-2393

Accessing Information Commons Materials

1. General Questions:

a. The Information Commons is a "one-stop shop" for all student research, circulation and technical needs. The Information Commons hours are posted here:
<http://www.asburyseminary.edu/information/hours.htm>

2. Materials Requests:

a. To search the library catalog for available materials, click here:
<http://www.asburyseminary.edu/information/index.htm>

b. Virtual Students may request books, photocopies or emailed attachments of journal articles/portions of reference books from Asbury Seminary's Library. Please allow 3-10 business days for all requests to be filled. Contact the Information Commons for costs and instructions on how to make requests.

c. Virtual students are encouraged to make use of local library resources. Students who live within a 50 mile radius of either the Florida or the Kentucky campus should come to campus to obtain their materials.

3. Research Questions:

a. Virtual students are encouraged to contact the Information Commons for research assistance including help determining the best sources to use for a paper, finding book reviews, or research questions about using the online databases or any other library materials.

4. Online Databases:

a. To access the online library resources including the library catalog and full-text journal databases, go to <http://www.asburyseminary.edu/information/index.htm> and enter your 10-digit student ID# number in the login box. Your student ID# is provided on the biographical information section of the student registration webpage. Add a 2 and enough 0's to the front to make a 10-digit number (20000XXXXX where XXXXX = your student id).

EVALUATION

This course is offered as credit/no credit. To gain credit for the course, students shall complete the required 150 hours for each two hours of credit.

In addition, students shall submit the following documents to the on-campus faculty supervisor:

- **The counseling hours sheet appropriately documenting all hours.**

The student and the on-site supervisor should sign this form. The faculty supervisor will also sign the form. The original will be given to the student. Students should keep these originals securely as they will be needed for documenting hours to state credentialing boards etc. A copy of the data sheet will be kept in the counseling office.

- **The Supervisor Evaluation Form**
- **The Student Evaluation Form**
- **A report of the completed readings**

ALL OF THE ABOVE LISTED EVALUATION TOOLS ARE DUE TO DR. HEADLEY ON THE FINAL FRIDAY OF EXAM WEEK IN THE SEMESTER IN WHICH THE PRACTICUM IS COMPLETED

If you anticipate problems completing your hours within the given semester or session due to difficulties at the site, you should consult with Dr. Headley prior to the end of the semester.